

Treadmills

# T460XC

## Advantages and features



## The Elite Exerciser



Frame: Lifetime  
 Motor: Lifetime  
 Parts\*: Lifetime  
 Labor: 3 years

\* Limited Warranty



LCD Console with 2 white LED windows.



The Bodyguard Difference



### Natural Ergonomics

Everything you need at your fingertips.



### SafeGrip™ Handlebars

The SafeGrip™ handlebars are secure and comfortable for all user sizes.



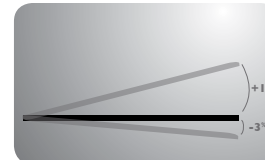
### Turbo Training Program

Replicate high acceleration interval workouts.



### 22" X 60" X-Frame

One-piece, fully welded frame minimizes torsion while increasing strength and stability.



### 18% Elevation Range

The T460XC's elevation ranges from -3% to 15% incline.



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[bodyguardfitness.com](http://bodyguardfitness.com)



# Treadmills

## Bodyguard UNIQUE FEATURES

### STANDARD FEATURES (standard on all models)

**JustGo™**  
As the name suggests, simply push a button and start your workout.

**SK Silicone Keys**  
The most responsive and durable keys in the industry.

**CHR Digital Contact Heart Rate Sensor**  
Faster and more accurate contact heart rate readouts.

**AFDS Advanced Friction Detection System**  
Protects the electronic board and the treadmill motor from overheating or physical damage.

**4-Way Deck**  
A longer lasting running deck — simply flip and rotate as required.

**iTek Diagnostic System**  
An integrated software program that continuously monitors equipment performance.

**BDS Bodyguard Dissipation System**  
The finest shock absorption material on the market.

**ESC Natural Motion System**  
Gives you the closest feeling to true outdoor running.

**Palladium Lower Control Board**  
Superior quality lower control board allows more rapid and accurate communications.

### BODYGUARD PREMIUM FEATURES (available on select models, see grid)

**HRC Heart Rate Control Programs**  
Customize your heart rate control program speed, incline, or both!

**X-Frame**  
Provides increased stability by minimizing frame torsion.

**Turbo Training Program**  
Replicate high acceleration interval workouts.

## SAFETY & COMFORT

	T240S	T240P	T240C	T280P	T280C	T460XC
Running Surface	20" x 54"	20" x 54"	20" x 54"	20" x 60" ♥	20" x 60"	22" x 60" ♥
Belt Type	Duro Belt	Duro Belt	Orthopedic ♥	Duro Belt	Orthopedic ♥	Whisper Orthopedic ♥
BDS Bodyguard Dissipation System*	BDS	BDS	BDS	BDS+ ♥	BDS+	BDS+
Silicone Keys*	✓	✓	✓	✓	✓	✓
Ergonomic Front Handlebar	✓	✓	✓	✓	✓	✓
Short Handlebars	Optional	✓ ♥	Optional	✓ ♥	Optional	✓ ♥ SafeGrip™
Long Handlebars	Optional	Optional	✓ ♥	Optional	✓ ♥	-
Reading Rack	Integrated	Integrated	Integrated	Integrated	Integrated	Integrated
CHR Digital Contact Heart Rate Sensor*	✓	✓	✓	✓	✓	✓
Chest Strap	Optional	Optional	Optional	✓ ♥	✓	✓

## PROGRAMMING

Preset Programs	5	14 ♥	14	11	12 ♥	15 ♥
HRC Heart Rate Control Programs*	Readout Only	3 ♥	3	3	3	3
Memory Programs	-	4 ♥	4	4	4	8 ♥
Learn Programs	-	4 ♥	4	4	4	8 ♥
Preset Warm Up/Cool Down	-	✓ ♥	✓	✓	✓	✓
User IDs	-	4 ♥	4	4	4	8 ♥
USB Port	-	-	-	-	-	✓ ♥

## TECHNICAL FEATURES

Power	120V Plug-In	120V Plug-In	120V Plug-In	120V Plug-In	120V Plug-In	120V Plug-In
Treadmill Frame*	Standard	Standard	Standard	X-Frame ♥	X-Frame	X-Frame
Crossbar	✓	✓	✓	✓	✓	✓
Adjustable Feet	-	-	-	✓ ♥	✓	✓
Drive Motor HP (3600RPM)	2.75	2.75	2.75	3.4 ♥	3.4	3.4
Lower Control Board*	Palladium	Palladium	Palladium	Palladium	Palladium	Palladium
ESC Natural Motion System*	✓	✓	✓	✓	✓	✓
iTek Diagnostic System*	✓	✓	✓	✓	✓	✓
AFDS Advanced Friction Detection System*	✓	✓	✓	✓	✓	✓
Speed Range (mph)	0.5 to 11	0.5 to 11	0.5 to 11	0.5 to 12 ♥	0.5 to 12	0.5 to 12
Incline	0 to 15%	0 to 15%	0 to 15%	0 to 15%	0 to 15%	-3% to 15% ♥
Display	Red LED	Blue LCD ♥	Blue LCD	Green LED ♥	Green LED	LCD + LED
Quick Keys	-	-	-	✓ ♥	✓	✓
4-Way Deck*	3/4"	3/4"	3/4"	1" ♥	1"	1"
Rollers	2.5"	2.5"	2.5"	2.5"	2.5"	2.5"
User Weight Capacity (lbs)	350	350	350	400 ♥	400	400
Dimensions (L x W x H)	72" x 29.5" x 53"	72" x 29.5" x 53"	72" x 29.5" x 53"	78" x 29.5" x 53"	78" x 29.5" x 53"	80.5" x 31" x 58"
Product Weight (lbs)	224	235	245	265	275	305

## RESIDENTIAL WARRANTY

Frame	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime
Motor	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime
Parts**	10 Years**	10 Years**	10 Years**	10 Years**	10 Years**	Lifetime**
Labor	3 Year	3 Years	3 Years	3 Years	3 Years	3 Years

Certifications	ETL, CSA, UL
Interference Standards Compliance	FCC (United States) NMB-003 (Canada)
Treadmill Accessories	Short Handlebars, Long Handlebars, Reading Rack, Side Bottle Holder, Chest Strap, X-Card, X-Technology Customer Kit, X-Technology Programmable Kit

\* See explanation on left.

\*\* Limited Warranty. Visit [bodyguardfitness.com](http://bodyguardfitness.com) for details.

♥ Upgrades from previous model.

Cardiovascular exercise machine manufacturer since 1969  
[bodyguardfitness.com](http://bodyguardfitness.com)



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